

RAMS

Risk Analysis & Management Systems

Risk Level: High

Minimum Adults Needed: 2 Competent Adults + 1 Instructor

Maximum Participants: 12 - Please note that If there are more then 12

participants, more supervision may be required.

Location: Gym

Supervisors: Instructor and Competent Adults

Important Information for Supervisors of Activity Groups:

- ⇒ The participants and their safety is <u>your</u> responsibility for the entire duration of the session. Do not allow any child to leave the group without your permission.
- ⇒ Please ensure your cellphone is off & attention is on the participants at all times.
- ⇒ Please ensure you are acquainted with the **Activity Instructions** and the **RAMS** form for your activity prior to beginning the session.
- ⇒ It is expected that your organisation will have briefed supervisors as to any special needs/at risk participants (e.g. a severe bee-sting allergy, epilepsy).
- ⇒ If you have any concerns about the activity, the equipment or your level of ability in regard to this activity, please speak with One Big Adventure staff immediately.
- ⇒ Normal precautions for participant safety apply such as:
 - Ensure adequate clothing and footwear are worn especially if outdoors.
 - Maintain group control at all times.
 - ♦ Be aware of emergency procedures.
 - Know who your First Aid Officer for the group is and their location.
- ⇒ Encourage full group participation and have fun together!

EMERGENCY PROCEDURES

- 1. Stop the activity
- 2. Assess the situation and the group safety as well as your own
- 3. Administer first aid and seek further treatment if necessary
- 4. Fill in Accident Report Sheet with your First Aid Officer (See Staff)

Crate Stacking

- ◆ The **RAMS** outlined below are for hazards that could result in serious illness, injury and/or death. These hazards are specifically related to use of One Big Adventure activities and equipment.
- Risks associated with normal daily life have not been included (such as bee stings, sunburn, etc.)
 as it is expected that all groups will apply normal precautions to avoid these and to address them
 if need be.

| Equipment | | |
|--------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Risks | Causing Factors | Normal Operations |
| Death or Injury | Equipment not provided | All necessary equipment provided and correct usage explained and implemented. |
| | Equipment failing | Equipment to undergo regular intensive maintenance by Staff. |
| | Finger entrapped in Auto Belay | Instructor discloses rick prior to participant getting close to auto belay. |
| | Long hair caught in equipment | Ensure long hair is tied back. |
| | Inappropriate length of clothing causing pinching | If the participants clothing does not come past the straps of the harness, they get told to change. |
| | Falling crates | People in landing zone to be wearing a helmet. Participants to clip each crate to each other as they climb. No-one to stand in front or behind the stack. |
| | Being Hit by equipment (Passing pole, Jenga blocks, crates) | Ensure correct use of equipment is taught and adhered to at all times |
| | Crates falling on climbers | Climbers to wear helmets when climbing |
| | | People |
| Risks | Causing Factors | Normal Operations |
| Death or Injury | Loss of group control and misbehavior | Ensure competent Adult Supervision including a trained OBA Instructor always present. |
| | Other people wandering into landing zone | Ensure participants know the boundaries. Instructor to enforce the landing zone boundary for the duration of the activity. |
| | Climber falling too far, too hard, or hitting something or someone else | Ensure participants understand how Auto Belay descent works. Ensure that equipment is functioning correctly. |
| | Fear of heights - participant freezing | Instructor trained on rescuing climbers. Encourage 'Challenge by Choice'- no forced climbing. |
| | | Environment |
| Risks | Causing Factors | Normal Operations |
| Injury | Being distracted or hit by crates, sports balls or other equipment in the gym | Ensure adults are competent and that everyone is aware of the landing zone boundary. Only other people in gym under supervised activities. No sports balls allowed out during session. |